



# Indigenous.Link

Canada's fastest growing Indigenous career portal, Careers.Indigenous.Link is pleased to introduce a new approach to job searching for Indigenous Job Seekers of Canada. Careers.Indigenous.Link brings simplicity, value, and functionality to the world of Canadian online job boards.

Through our partnership with Indigenous.Links Diversity Recruitment Program, we post jobs for Canada's largest corporations and government departments. With our vertical job search engine technology, Indigenous Job Seekers can search thousands of Indigenous-specific jobs in just about every industry, city, province and postal code.

Careers.Indigenous.Link offers the hottest job listings from some of the nation's top employers, and we will continue to add services and enhance functionality ensuring a more effective job search. For example, during a search, job seekers have the ability to roll over any job listing and read a brief description of the position to determine if the job is exactly what they're searching for. This practical feature allows job seekers to only research jobs relevant to their search. By including elements like this, Careers.Indigenous.Link can help reduce the time it takes to find and apply for the best, available jobs.

The team behind Indigenous.Link is dedicated to connecting Indigenous Peoples of Canada with great jobs along with the most time and cost-effective, career-advancing resources. It is our mission to develop and maintain a website where people can go to work!

Contact us to find out more about how to become a Site Sponsor.

Corporate Headquarters:

Toll Free Phone: (866) 225-9067

Toll Free Fax: (877) 825-7564

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# Job Board Posting



Careers.Indigenous.Link

Date Printed: 2024/04/20

## Mental Health Clinician - DBT BIPOC Programs

<b>Job ID</b>	<b>FE-6D-67-26-1C-61</b>	
<b>Web Address</b>	<a href="https://careers.indigenous.link/viewjob?jobname=FE-6D-67-26-1C-61">https://careers.indigenous.link/viewjob?jobname=FE-6D-67-26-1C-61</a>	
<b>Company</b>	Stella's Place Assessment And Treatment Centre	
<b>Location</b>	Toronto, Ontario	
<b>Date Posted</b>	From: 2021-05-03	To: 2021-05-14
<b>Job</b>	Type: Full-time	Category: Health Care
<b>Job Start Date</b>	As soon as possible	
<b>Job Salary</b>	\$65,000-\$70,000	
<b>Languages</b>	English	

### Description

POSITION TITLE: Mental Health Clinician

LOCATION: Toronto - in office and temporarily home based due to COVID-19

APPLICATION CLOSING DATE: Friday May 14, 2021

#### ABOUT US:

Mission partnering young adults and professionals to provide a collaborative, innovative model of mental health services.

Vision: Healthy, resilient young adults living the lives they choose.

Values: At Stella's Place, we fundamentally value the capabilities and contributions of young adults, as we seek breakthrough innovations that benefit our community and society as a whole. We also value:

Inclusiveness, diversity and equity

Accessibility and a sharing of knowledge

Creativity along with a strengths-based approach

#### PURPOSE:

This clinical position is central to the success of Stella's Place and an exciting opportunity to contribute to our unique and integrative DBT Skills and DBT BIPOC Skills program. Our program integrates DBT, peer support, trauma informed care, anti oppressive practice and anti-racism. Our DBT Skills and DBT BIPOC Skills Groups are facilitated by highly skilled clinicians and peer supporters. We aim to create a culture and space that young adults can feel validated, seen and represented in.

#### POSITION DESCRIPTION:

You will co-facilitate a 12 week DBT Skills and/or DBT BIPOC Skills Group 3 times a year and provide brief individual counselling that is informed by DBT for the participants in your groups. You will facilitate the group alongside another clinician and a peer support worker.

You are comfortable with new technologies, and are capable of delivering high quality mental health services both virtually and in person.

You welcome an opportunity to collaborate and harness the knowledge of young adults with lived experience, as well as others (family members, other providers, educators, etc.) who have rich knowledge to offer through participatory action research/ codesign.

You possess strong interpersonal and communication skills, and are able to work independently and within a multidisciplinary team consisting of clinicians, a DBT consultant, peer support workers, psychiatry, primary care and clinicians.

You identify as a member of the BIPOC community and bring a strong intersectional analysis of how social conditions, structural inequalities, power, privilege, and systems of oppression contribute to experiences of trauma and mental health.

This is a full time position working 40 hours per week Monday to Friday. Shifts are 10am-6pm and 12pm-8pm. The occasional weekend may be required.

#### RESPONSIBILITIES:

Clinician responsibilities include but are not limited to:

Conduct assessments and provide individual DBT informed counseling to a caseload of 12 young adults

Deliver/facilitate DBT BIPOC Skills groups in partnership with peer support workers

Utilize culturally-responsive, trauma-informed, anti-oppressive and antiracist approaches to ensure quality services

Engage in participatory action research and codesign to support the development, implementation and improvement of the DBT Skills and DBT BIPOC Skills program

Engage in comprehensive and thoughtful communication with a multidisciplinary team

Write clinical assessments and progress notes

Establish and maintain productive working relationships with other community-based organizations

Contribute to the use of quality, health, client satisfaction and outcome measures for the program, ensuring a model of continuous quality improvement is maintained

Participate in educational activities and initiatives to enhance the skill, experience, and knowledge of Stellaâ€™s Place staff

#### QUALIFICATIONS REQUIRED:

Masters degree in psychology, social work or occupational therapy and registration with a respective College (e.g. College of Registered Psychotherapists of Ontario (CRPO), Ontario College of Social Workers and Social Service Workers (OCSWSSW), College of Occupational Therapists of Ontario (COTO), or College of Psychologists of Ontario (CPO) combined with 2- 3 years of post-graduate direct clinical experience in a mental health treatment setting.

Training, qualification and experience with DBT Skills and DBT individual support and must show proof of training

Providing clinical services to young adults 16 – 29 years of age living with complex mental health and psychosocial challenges

Demonstrated experience working in community mental health settings

Demonstrated experience working with diverse populations, utilizing culturally-responsive, trauma-informed, anti-racist and anti-oppressive approaches

Demonstrated experience working as part of a multidisciplinary team

Experience with using Client Information Management Systems, Personal Health Record management and Health Information Custodian requirements

Strong clinical foundation, including skills / knowledge related to;

unique developmental issues of transition-aged young adults

holistic health (e.g., fitness, nutrition, primary health, somatics and spirituality)

conducting referrals for community based recovery supports (e.g., peer support, education, employment, transition coaching, case management)

#### **PREFERRED ASSETS:**

Stellaâ€™s Place actively seeks candidates from First Nations, Métis and Inuit, racialized and LGBTQ2+ communities, women, and people with disabilities (including people who have experienced mental health and substance use challenges). We encourage people from all backgrounds to apply to our positions.

Training and qualification with other clinical treatment approaches including, but not limited to; MBCT, ACT, MBSR, IFS, body work and somatics would be considered an asset to the team. Experience using G Suite, Zoom, TREAT and excel is preferred.

#### **SALARY & BENEFITS:**

Stellaâ€™s Place offers a competitive annual salary and a generous health and vacation package; including comprehensive medical, dental and vision health benefits, 3 weeks vacation and 15 health days annually. Vacation increases after one year of service.

#### **REPORTING:**

Regular communication, clinical consultation, coaching, mentoring, personal and professional development, and evaluation will take place with the Clinical and Recovery Services Manager on a regular basis.

Additional monthly clinical supervision will also be provided by an external DBT Consultant.

#### **DIVERSITY, EQUITY, AND ACCOMMODATION:**

Stellaâ€™s Place is committed to having a workforce that is reflective of the diversity of the City of Toronto in general and of our participants in particular. We strongly encourage applications from racialized persons, indigenous persons, persons with disabilities, persons of diverse sexual orientation, gender identity and gender expression and all those who can provide and contribute to diversification of perspective at Stellaâ€™s Place.

Stellaâ€™s Place is committed to hiring practices that are inclusive and barrier free. Stellaâ€™s Place will provide reasonable and appropriate accommodation during all stages of the hiring process in accordance with the Ontario Human Rights Code in order to ensure the equal and fair assessment of all job applicants. Applicants are asked to make any accommodation request in advance.

#### **Weight Handling**

N/A

#### **Work Environment**

This position works out of our community mental health setting in downtown Toronto. Typically work is performed in office but is temporarily home based due to COVID-19.

#### **How to Apply**

Interested and qualified candidates are invited to submit their cover letter outlining your interest in working with Stellaâ€™s Place (along with a detailed résumé) to [careers@stellasplace.ca](mailto:careers@stellasplace.ca) with subject: Mental Health Clinician by Friday May 14, 2021.

We thank all candidates for their interest. We regret that only those selected for an interview will be contacted.